

Workshop on Emotion-Focused Therapy for Complex Trauma  
Sandra C. Paivio  
Lisbon  
22-23May 2015

BIBLIOGRAPHY

- Briere, J. & Scott, C. (2006). *Principles of trauma therapy*. New York: Sage.
- Carpenter, N., Angus, L., Paivio, S., Boritz, T., & Bryntwick, E. (2011). *Narrative and emotion integration in emotion-focused therapy for trauma: A pilot study*. Annual Meeting of the Society for Studies in Traumatic Stress and Dissociation, Montreal, QB.
- Cloitre, M., Koenen, K.C., Cihen, L.R., & Han, H. (2002). Skills training in affective and interpersonal regulation followed by exposure: A phase-based treatment for PTSD related to childhood abuse. *Journal of Consulting and Clinical Psychology, 70*, 1067-1074.
- Chagigiorgis, H. (2009). *Contributions of emotional engagement with trauma material in two versions of emotion-focused therapy for child abuse trauma*. Unpublished Doctoral Dissertation. University of Windsor.
- Chagigiorgis, H., & Paivio, S.C. (2007). Forgiveness as an outcome in emotion-focused trauma therapy. In W. Malcolm (Ed.), *Women's perspectives of forgiveness*, Oxford University Press.
- Chard, K.M. (2005). An evaluation of cognitive processing therapy for the treatment of posttraumatic stress disorder related to childhood sexual abuse. *Journal of Consulting and Clinical Psychology, 73*, 965-971.
- Cloitre, M., Stovall-McClough, C., Miranda, R., & Chemtob, C. M. (2004). Therapeutic alliance, negative mood regulation, and treatment outcome in child abuse-related Posttraumatic Stress Disorder. *Journal of Consulting and Clinical Psychology, 72*, 411-416.
- Courtois, C. A., & Ford, J., D. (2013). *The Treatment of Complex Trauma: A Sequenced, Relationship-Based Approach*. New York, NY: Guilford Press.
- Foa, E.B., Huppert, J.D., & Cahill, S.P. (2006). Emotional processing theory: An update. In B.O. Rothbaum (Ed.), *Pathological anxiety: Emotional processing in etiology and treatment* (pp. 2-24). New York: Guilford..
- Foa, E. B., Keane, T. M., & Friedman, M. J. (2000). *Effective treatments for PTSD: Practice guidelines from the International Society for Traumatic Stress Studies*. New York, NY: Guilford Press.
- Gendlin, E.T. (1996). *Focusing-oriented psychotherapy: A manual of experiential method*. New York, NY: Guilford
- Greenberg, L. S. & Foerster, F. (1996). Task analysis exemplified: The process of resolving unfinished business. *Journal of Consulting and Clinical Psychology, 64*, 439-446.
- Greenberg, L.S. & Paivio, S.C. (1997). *Working with emotions in psychotherapy*. New York: Guilford.
- Greenberg, L., S. & Pascual-Leone, A. (2006). Emotion in psychotherapy: A practice-

- friendly research review. *Journal of Clinical Psychology*, 62, 611-630.
- Greenberg, L.S. & Watson, J. (2006). *Emotion-focused therapy for depression*. Washington, DC: American Psychological Association
- Holowaty, K.A.M. & Paivio, S.C. (2012). Characteristics of client-identified helpful events in emotion-focused therapy for child abuse trauma. *Psychotherapy Research*, 22, 56-66.
- Horvath, A. O. & Greenberg, L. S. (1989). Development and validation of the working alliance inventory. *Journal of Counseling Psychology*, 36, 223–233.
- Jaycox, L. H., Foa, E. B., & Morral, A. R. (1998). Influence of emotional engagement and habituation on exposure therapy for PTSD. *Journal of Consulting and Clinical Psychology*, 66, 185-192.
- Johnson, S. (2002). *Emotionally focused couples therapy for trauma survivors*. New York: Guilford.
- Klein, M.H., Mathieu-Coughlan, P., & Kiesler, D.J. (1986). The experiencing scales. In L.S. Greenberg & W.M. Pinsoff (Eds.). *The psychotherapeutic process: A research handbook* (pp. 21-71). New York: Guilford.
- Muller, R.T. (2009). *Trauma and the avoidant client*. New York: Norton.
- Mundorf, E. & Paivio, S.C. (2011). Narrative quality and disturbance pre- and post- emotion-focused therapy for child abuse trauma. *Journal of Traumatic Stress*, 24, 643–665.
- Novaco, R.W. (2007). Anger dysregulation. In T.A. Cavell & K.T. Malcolm (Eds.) *Anger, aggression, and interventions for interpersonal violence* (pp. 3-54). Mahwah, NJ: Erlbaum.
- Paivio, S. C. & Carriere, M. (2006). Contributions of emotion focused therapy to the understanding and treatment of anger and aggression. In T. Cavell & K. Malcolm (Eds.), *Anger, aggression, and interventions for interpersonal violence* (pp. 141-164). Erlbaum.
- Paivio, S.C. & Greenberg, L.S. (1995). Resolving “unfinished business”: Efficacy of experiential therapy using empty-chair dialogue. *Journal of Consulting and Clinical Psychology*, 63, 419-425.
- Paivio, S. C., Hall, I. E., Holowaty, K. A. M., Jellis, J. B., & Tran, N. (2001). Imaginal confrontation for resolving child abuse issues. *Psychotherapy Research*, 11, 433-453.
- Paivio, S. C., Jarry, J., Chagigiorgis, H., Hall, I., & Ralston, M. (2010). Efficacy of two versions of emotion-focused therapy for resolving child abuse trauma. *Psychotherapy Research*, 20, 353-366.
- Paivio, S., Kunzle, E. (2007). Emotion-focused therapy for interpersonal trauma. *European Psychotherapy (Special Issue on Emotion-Focused Therapy)*, 7, 77-95.
- Paivio, S.C. & Laurent, C. (2001). Empathy and emotion regulation: Reprocessing memories of child abuse. *Journal of Clinical Psychology*, 57, 213-226.
- Paivio, S.C. & McCulloch, C.R. (2004). Alexithymia as a mediator between childhood trauma and self-injurious behaviours. *Child Abuse & Neglect*, 28, 339-354.

- Paivio, S. C. & Nieuwenhuis, J. A. (2001). Efficacy of emotion focused therapy for adult survivors of childhood abuse: A preliminary study. *Journal of Traumatic Stress, 14*, 115–134.
- Paivio, S. C. & Pascual-Leone, A. J. (2010). *Emotion focused therapy for complex trauma: An integrative approach*. Washington, DC: American Psychological Association Press.
- Paivio, S. C. & Patterson, L. A. (1999). Alliance development in therapy with adult survivors of child abuse. *Psychotherapy: Theory, Research, Practice, Training, 36*, 343–354.
- Pascual-Leone, A. & Greenberg, L.S. (2007). Emotional processing in experiential therapy: Why “the only way out is through”. *Journal of Consulting and Clinical Psychology, 75*, 875-887.
- Pos, A., & Greenberg, L.S. (2012). Organizing awareness and increasing emotion regulation: Revising chair work in emotion-focused therapy for Borderline Personality Disorder. *Journal of Personality Disorders*.
- Ralston, M. (2008). *A comparison of emotional processes in two versions of emotion-focused therapy for child abuse trauma*. Unpublished Doctoral Dissertation. University of Windsor.
- Resick, P.A., Nishith, P., & Griffin, M.G. (2003). How well does cognitive-behavioral therapy treat symptoms of complex PTSD? An examination of child abuse survivors within a clinical trial. *CNS Spectrums, 8*, 351-355.
- Solomon, M. & Siegel, D. (Eds.) (2002). *Healing trauma: Attachment, mind body, and brain*. New York: Norton
- Talbot, N.L. & Gamble, S.A. (2008). IPT for women with trauma histories in community mental health care. *Journal of Contemporary Psychotherapy, 38*, 35-44.