

Seminar  
&  
Workshop  
20-21 March  
2015

# COHERENCE THERAPY & MEMORY RECONSOLIDATION

Novotel  
Av José Malhoa  
Lisbon

Metro - Estação Sete Rios + S. Sebastião  
Comboio e Autocarro - Sete Rios  
Estacion - Parquímetro + Garagem

**Robin Ticic** is Director of Training and Development of the Coherence Psychology Institute and co-author of 'Unlocking the Emotional Brain: Eliminating Symptoms at Their Roots Using Memory



Reconsolidation'. She is in private practice near Cologne, Germany, specializing in clinical supervision and training of therapists. She has served as a psychologist for the Psychotraumatology Institute of the University of Cologne, and is author of the parenting guide 'How to Connect with Your Child' published in English and German.

This is a two-day intensive skills-building seminar and workshop. On the first day, participants will learn the steps and methodology of Coherence Therapy and the Therapeutic Reconsolidation Process. On the second day, participants will have opportunities to do their own real sessions in small groups and develop their skills in the use of Coherence Therapy. Participants will be coached by Robin and Tor, offering live, in the moment feedback, as they develop their competencies in working with Coherence Therapy's phases of discovery and integration.

Familiarity with and experience of using Coherence Therapy with clients and familiarity with the 'Coherence Therapy Practice Manual' or 'Unlocking the Emotional Brain' or 'Depth-Oriented Brief Therapy' are highly recommended.

**Coherence Therapy** is a unified set of methods and concepts for individual, couple and family work that enable a therapist to foster profound change with a high level of consistency. From the first session, the work is focused on guiding clients to get in touch with hidden, core areas of meaning and feeling that are generating the presenting symptom or problem.

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10th PSYCHOTHERAPY SPECIALIZATION  
Sociedade Portuguesa de Psicoterapias Construtivistas

Contacts: [construtivistas@sppc.org.pt](mailto:construtivistas@sppc.org.pt) - + 351 965522423 - 213851327

**Tor Wennerberg** is a licenced clinical psychologist in Stockholm, Sweden and Certified Trainer of the Coherence Psychology Institute. He is the author of two books on attachment theory and differentiation theory, published in 2010 and 2013 respectively. Both are widely used in psychotherapy trainings



throughout Sweden. A chapter in his most recent book introduced Coherence Therapy for a Swedish professional audience. He is also a regular contributor to the Journal of the Swedish Psychological Association.

#### Enrolment

Participants other countries

This Meeting can be attended by graduate and undergraduate Psychology students

- Until 2 March: 100€
- On site, applicable from March 20: 130€

SWIFT: PT50 0010 0000 3637 6870 0019 8  
Email: [construtivistas@sppc.org.pt](mailto:construtivistas@sppc.org.pt)