

**Lisbon EFTT Workshop Agenda
May 22-23, 2015**

DAY 1: AGENDA

09:00 - 09:30	Registration and Light Breakfast	
09:30 – 09:45	Welcome and Introductions	
09:45 – 11:30	Session Title: Introduction to Complex Trauma and the EFTT Treatment Mode	
11:30 – 11:45	Break	
11:45 – 13:00	Session Title: Emotional Change Processes and Structure of EFTT	Monica 24' – 12 :30
13:00 – 14:00	Lunch	
14:00 – 15:30	Session Title: Fundamental Tasks in EFTT: Alliance and Experiencing	Gerry 23' – 2 :00
15:30 – 15:45	Break	Monica intro 9' Candace 16' - 4 :40
15:45 – 17:00	Session Title: Resolving Interpersonal Trauma	
17:00	Day 1 Wrap Up	

DAY 2: AGENDA

08:00 - 08:30	Light Breakfast	
09:30 – 11:30	Session Title: Empathic Exploration as an Alternative to Imaginal Confrontation	Karen 8'' – 9:00 Gerry 10' - 10:15
11:30 – 11:45	Break	
11:45 – 13:00	Session Title: Reducing Fear and Shame	Les 2-chair 30' – 11 :25
13:00 – 14:00	Lunch	
14:00 – 15:30	Session Title: Reducing Avoidance and Accessing Self-soothing	Dungeon 10' – 2 :00 Damaged 8'
15:30 – 15:45	Break	
15:45 – 17:00	Session Title: Case Example Over the Course of EFTT	John
17:00	Day 2 Wrap Up and Evaluations	